

Overview Schedule  
**Awakening Leadership Training Programme**

3 September 2019 – 3 February 2020

Title	Date	Cost (USD\$)
Registration/Arrival & Inauguration Ceremony	3 September	
Building a Community of Good Friends	4-5 September	
<b>Emerging Worldview, Self-discovery and Healing (EDE Worldview Dimension)</b>		<b>\$1,907*</b>
<b>Module 1</b>	Slow is Beautiful: Ecological Wisdom from Asian Traditions	
	4 days 6-9 September	\$450
<b>Module 2</b>	Paradigm Shift and Emerging Cultural Values	
	5 days 12-16 September	\$450
<b>Module 3</b>	Mindfulness and Inner Growth	
	5 days 19-23 September	\$450
<b>Module 4</b>	Path of Inner Healing and Transformation	
	3 days 26-28 September	\$350
<b>Module 5</b>	Art and Self-discovery	
	3 days 29 September – 1 October	\$350
<b>Interpersonal Dynamics: Power Sharing and Compassion (EDE Social Dimension)</b>		<b>\$1,720*</b>
<b>Module 6</b>	Compassionate Communication (NVC)	
	4 days 7-10 October	\$450
<b>Module 7</b>	Gender and Social Justice	
	4 days 13-16 October	\$450
<b>Module 8</b>	Conflict Transformation (Process Work)	
	5 days 19-23 October	\$500
<b>Module 9</b>	Participatory Decision Making	
	4 days 26-29 October	\$450

<b>Eco-Political Economy: From Global to Local (EDE Economic Dimension)</b>			<b>\$1,720*</b>
<b>Module 10</b>	Asian political Thought and Eco-Political Economy	5 days 4-8 November	\$450
<b>Module 11</b>	Financial Systems and Local Economies	4 days 11-14 November	\$450
<b>Module 12</b>	Right Livelihood, Community Banking and Alternative Markets: Examples of Good Practice	11 days 17-27 November	\$950
<b>Ecology and Design (EDE Ecology Dimension)</b>			<b>\$1,814*</b>
<b>Module 13</b>	Deep Ecology	5 days 3-7 December	\$450
<b>Module 14</b>	Vision Quest	5 days 10-16 December	\$600
<b>Module 15</b>	Foundations in Ecology	7 days 19-23 December	\$450
<b>Module 16</b>	Ecological Design	5 days 26-30 December	\$450
<b>Skillful Means for Social Transformation</b>			<b>\$2,046*</b>
<b>Module 17</b>	Mindful Activism	5 days 5-9 January	\$500
<b>Module 18</b>	Community Organising for Empowerment	5 days 12-16 January	\$500
<b>Module 19</b>	Mindful Facilitation for Empowerment (Gaia Education Training of Trainers)	14 days 19 January – 1 February	\$1200
	Reflection and Evaluation on ALT programme for long-term students	2-3 February	
<b>SUBTOTAL</b>			<b><del>\$9,900</del></b>
<b>TOTAL</b> with almost <b>\$1000 DISCOUNT</b> when applying for the entire ALT programme			<b>\$8,910**</b>
<b>TOTAL</b> with almost <b>\$1000 DISCOUNT</b> including 20 days accommodation between dimensions			<b>\$9,130***</b>

**Costs include full board, accommodation, and group travel during the module.**

- \* 7% discount if applying for one or more dimensions
- \*\* 10% discount if applying for the entire programme
- \*\*\* Option to add \$55 for accommodation between each dimension (5 days break) – \$11 per day – adding up to \$220 for 4 breaks (20 days)