

Overview Schedule  
**Awakening Leadership Training Programme**

3 September 2019 – 3 February 2020

| Title  | Date                                  | Cost (USD\$)    |
|--|---------------------------------------|-----------------|
| Registration/Arrival & Inauguration Ceremony                                       | 3 September                           |                 |
| Building a Community of Good Friends   | 4-5 September                         |                 |
| <b>Emerging Worldview, Self-discovery and Healing (EDE Worldview Dimension)</b>    |                                       | <b>\$1,907*</b> |
| <b>Module 1</b> Slow is Beautiful: Ecological Wisdom from Asian Traditions         | 4 days<br>6-9 September               | \$450           |
| <b>Module 2</b> Paradigm Shift and Emerging Cultural Values                        | 5 days<br>12-16 September             | \$450           |
| <b>Module 3</b> Mindfulness and Inner Growth                                       | 5 days<br>19-23 September             | \$450           |
| <b>Module 4</b> Path of Inner Healing and Transformation                           | 3 days<br>26-28 September             | \$350           |
| <b>Module 5</b> Art and Self-discovery   | 3 days<br>29 September –<br>1 October | \$350           |
| <b>Interpersonal Dynamics: Power Sharing and Compassion (EDE Social Dimension)</b> |                                       | <b>\$1,720*</b> |
| <b>Module 6</b> Compassionate Communication (NVC)                                  | 4 days<br>7-10 October                | \$450           |
| <b>Module 7</b> Gender and Social Justice  | 4 days<br>13-16 October               | \$450           |
| <b>Module 8</b> Conflict Transformation (Process Work)                             | 5 days<br>19-23 October               | \$500           |
| <b>Module 9</b> Participatory Decision Making                                      | 4 days<br>26-29 October               | \$450           |
| <b>Eco-Political Economy: From Global to Local (EDE Economic Dimension)</b>        |                                       | <b>\$1,720*</b> |
| <b>Module 10</b> Asian political Thought and Eco-Political Economy                 | 5 days<br>4-8 November                | \$450           |

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|--|--|---------------------------------------|------------------|
| <b>Module 11</b>   | Financial Systems and Local Economies  | 4 days<br>11-14 November              | \$450            |
| <b>Module 12</b>   | Right Livelihood, Community Banking and Alternative Markets: Examples of Good Practice | 11 days<br>17-27 November             | \$950            |
| <b>Ecology and Design (EDE Ecology Dimension)</b>  |  |                                       | <b>\$1,814*</b>  |
| <b>Module 13</b>   | Deep Ecology   | 5 days<br>3-7 December                | \$450            |
| <b>Module 14</b>   | Vision Quest   | 7 days<br>10-16 December              | \$600            |
| <b>Module 15</b>   | Foundations in Ecology   | 5 days<br>19-23 December              | \$450            |
| <b>Module 16</b>   | Ecological Design  | 5 days<br>26-30 December              | \$450            |
| <b>Skillful Means for Social Transformation</b>  |  |                                       | <b>\$2,046*</b>  |
| <b>Module 17</b>   | Mindful Activism   | 5 days<br>5-9 January                 | \$500            |
| <b>Module 18</b>   | Community Organising for Empowerment   | 5 days<br>12-16 January               | \$500            |
| <b>Module 19</b>   | Mindful Facilitation for Empowerment (Gaia Education Training of Trainers)             | 14 days<br>19 January –<br>1 February | \$1200           |
|  | Reflection and Evaluation on ALT programme for long-term students                      | 2-3 February                          |                  |
| <b>SUBTOTAL</b>  |  |                                       | <b>\$9,900</b>   |
| <b>TOTAL</b> with almost <b>\$1000 DISCOUNT</b> when applying for the entire ALT programme |  |                                       | <b>\$8,910**</b> |
| TOTAL with almost \$1000 DISCOUNT including 20 days accommodation between dimensions       |  |                                       | \$9,130***       |

**Costs include full board, accommodation, and group travel during the module.**

\* 7% discount if applying for one or more dimensions

\*\* 10% discount if applying for the entire programme

\*\*\* Option to add \$55 for accommodation between each dimension (5 days break) – \$11 per day – adding up to \$220 for 4 breaks (20 days)